

EYE CHECK-UP CAMP REPORT
UTTARAKHAND, MAHARASHTRA, TAMIL NADU
& DELHI-NCR

2016-17

A corporate Social Responsibility Initiative of



Managed by



EXECUTIVE SUMMARY

HelpAge India commenced the execution of the CSR project supported by Spark Minda on 3rd March and concluded the project on 16th March 2017.

The screening camps were organised at locations pre-identified by Spark Minda.

A total of 8 camps organised at Pantnagar- Uttarakhand, Pune- Maharashtra, Chennai- Tamil Nadu and Noida-Delhi NCR.

2458 beneficiaries were screened for refractive errors.

1226 beneficiaries were prescribed refractive glasses. All the patients received refractive glasses at the camp site.

55 cataract patients identified at the camps and underwent cataract surgery with IOL implant free of cost.

THE HELPAGE ADVANTAGE

HelpAge India (HI) is a registered national level voluntary body, set up in 1978, with a mission “to work for the cause and care of disadvantaged older people and to improve their quality of life”. It is a **nodal national level organization working dedicatedly for the cause and care of the disadvantaged aged** and has today carved a niche for itself in age care.

The organization hosts several acclaimed persons on its governing body. HelpAge India’s Chief Executive represents the organisation on the National Planning Commission. HelpAge has actively participated in discussions for formulating the Union Ministry recommendations on the Five Year Plan document to the National Planning Commission. HelpAge is also a member of the National Council of Senior Citizens.

HelpAge India endeavours to reach out to destitute elderly with a holistic and integrated approach, towards improving their quality of life. In the past two decades, **the vision of more than 80,000 senior citizens affected by cataract has been restored through HelpAge’s intervention.** To deliver this, HI has executed more than 3,000 projects all over the country. All this work is possible because of HelpAge India’s committed staff of more than 500 spread over 33 offices nationwide. The organization has been conferred with the PHD Chamber of Commerce award for outstanding social contribution.

Programme Priorities:

HelpAge India caters to more than 2 million senior citizens every year through its programmes executed directly and through partner NGOs. We work in the areas of health care, livelihood support, residential care, disaster mitigation, social security and rights of poor elderly. The work of HelpAge is governed by three core values of Rights, Relief and Resources:

- **Rights:** HelpAge India is the leading advocate for older persons’ rights. We advocate with national & local government to bring about policy that is beneficial to the elderly. We speak up for India’s 100 million (current estimate) grey population to help them live with dignity, independence & self-fulfilment.
- **Relief:** HelpAge reaches out to disadvantaged senior citizens through its various services in the areas of financial, health and emotional security.
- **Resources:** HelpAge India raises funds from various sources, to carry out its nationwide rights and relief based interventions for needy senior citizens.

HelpAge India strives to maintain complete transparency in all operations, ensures end-to-end monitoring of project delivery, and focuses on delivering sustainable and measurable impact.

HelpAge India has consistently been conferred the awards for transparency and excellence in financial reporting, by the Institute of Chartered Accountants of India.

THE PROJECT

The beneficiaries of the eye screening camp were individuals who could not afford or access quality health care. A recent survey shows that there is a poor recognition level of the early stages of different types of eye disease among some low-income populations in India. Of the 37 million people across the globe who are blind, over 15 million are from India. 85% of this blind population lives in rural areas where there is lack of health services, unawareness and poor sanitation. Main causes of blindness are as follows: - Cataract (62.6%) **Refractive Error (19.70%)** Corneal Blindness (0.90%), Glaucoma (5.80%), Surgical Complication (1.20%) Posterior Capsular Opacification (0.90%) Posterior Segment Disorder (4.70%), Others (4.19%) Estimated National Prevalence of Childhood Blindness /Low Vision is 0.80 per thousand.

Impact of eye checkup camps with spectacle distribution:

Physical function, emotional wellbeing and overall quality of life can be enhanced:

- Enhanced and clearer visibility to read, write etc.
- Increased opportunity to continue or resume an occupation mainly for tailors, drivers etc.
- Increased mobility
- Improvement in quality of life
- Improved self-esteem and independence
- Increased ability to avoid injury

Project Approach

The project was implemented by HelpAge India in partnership with selected credible organizations working in the field of ophthalmic care in Pantnagar and Chennai. Eye care organisations doing community development themselves or in coordination with other NGOs were considered for partnering. In Delhi-NCR and Pune, HelpAge selected a team of qualified ophthalmologists and optometrists for the camps.

Camps for eye checkup were organised in remote/rural areas of identified districts/towns so that patients do not have to bear the cost of hospitals visits.

Project Partner Selection

After the proposal was accepted and funds were received from the donor, project partners were identified. The main criteria for selection of the partners were the quality of project implementation, their capacity and reporting for projects implemented in previous years. The other criterion for selection of the project partners remains the same as in previous years which include:

- Credibility of the members of the Governing Body of the NGO/Agency
- Past track record of programme performance of the agency
- Financial health of the agency

Methodology:

Planning

The partners were encouraged to plan for camps in far flung remote areas/areas suggested by Spark Minda. Support of local groups or service clubs were solicited in organizing the camps and in activities like selection of site, general arrangements, medical team, the publicity, follow-up camps etc.

Medical unit

A team of ophthalmologists, optometrists and support staff was formed. All technical aspects of the camp, decisions regarding treatment of eye diseases, cases for operations, need for spectacle, reporting and documentation was the responsibility of this medical team.

Publicity for screening camps

Publicity was conducted by the agencies through pamphlets, announcements, banners, leaflets etc. in their respective area and motivate the needy to attend the camp. Here, the Spark Minda team helped in spreading the word.

Registration of Patients

Patients would be registered for their name, addresses, age and sex. Diagnosis and treatment required was also noted.

Site and Place

The site for the screening camps were villages at the pre-identified project area. Wide coverage was ensured through effective publicity. At the screening camps, information was given to all present regarding eye care. Those attending the camps were also advised on the various ways to keep vision healthy, and in case of any problems with the vision, they must consult an eye-specialist.

Screening of patients

In the screening camp, the medical team identified people in the community, were suffering from any form of eye disease or in need of spectacle. The findings ranged between the following:

- Corneal opacity/injuries
- Vision
- Cataract
- Retinal Pathology
- Glaucoma

Monitoring

Thorough monitoring was done to ensure quality implementation. The monitoring of the ophthalmic programme was done by the Programmes Team in the state as they are the first point of contact for the project partners. Besides this, occasionally monitoring visits are made by the representatives of National Office/Head Office.

Glimpse of the camps:



दोंदे (ता. खेड) : नेत्र तपासणी शिबिरात मोफत चष्मावाटप केलेले रुग्ण.

दोंदे येथील नेत्र शिबिरामध्ये ४८३ जणांना चष्म्याचे वाटप

कडूस, ता. १५ : दोंदे (ता. खेड) येथे घेण्यात आलेल्या मोफत नेत्र तपासणी शिबिरात १०६० रुग्णांची तपासणी करण्यात आली. ४८३ रुग्णांना मोफत चष्म्याचे वाटप करण्यात आले, अशी माहिती मिंडा ग्रुपचे प्रकल्प समन्वयक अभिजित भालेराव यांनी दिली. स्पार्क मिंडा- अशोक मिंडा ग्रुप व हेल्पेज इंडिया कंपनीतर्फे दोंदे येथे मोफत नेत्र तपासणी शिबिराचे आयोजन करण्यात आले होते. मिंडा ग्रुपच्या विद्या बकाया व हेल्पेज इंडियाचे अजय आवडे यांच्या हस्ते शिबिराचे उद्घाटन झाले. या वेळी पंचायत समिती सदस्या व सरपंच नंदा सुकाळे, उपसरपंच दत्ता शितोळे, ग्रामपंचायत सदस्य संतोष बारणे, भाऊ केदारी, कविता उढाणे, कल्पना मंडलिक, ग्रामसेवक सोमनाथ पारासूर ग्रामस्थ उपस्थित होते. रुग्णांवर हडपसर, पुणे येथे शस्त्रक्रिया करण्यात आली. नेत्र तपासणी पथकात डॉ. दिशा अग्रवाल, डॉ. पूजा दाणी, जयेश खरात, श्रुती साळुंखे, दीपक शिंगारे, नितीन शेळके यांचा सहभाग होता. शिबिराचे नियोजन मिंडा ग्रुपचे प्रकल्प समन्वयक अभिजित भालेराव, मंजुश्री भागवत, नीलेश पवळे यांनी केले होते.



LOCATION 1: Rudrapur, Uttarakhand

The camp was organized on March 3rd and 4th, 2017 at Awas Vikas Colony in Rudrapur. A total of 490 beneficiaries attended the OPD at the camp. 258 beneficiaries were provided with medicinal intervention to help them take care of the various issues afflicting their eyes. A total of 167 beneficiaries were provided with near-vision spectacles and another 33 were provided with distance-vision spectacles.

A gender based summary of the above facts is as follows:

Sr. No.	Particulars	Gender Representation	No. of Beneficiaries
1	OPD	Male - Adults	114
		Females - Adults	245
		Male - Children	49
		Female - Children	82
Total			490
2	Near-Vision Spectacles	Male	69
		Female	98
Total			167
3	Distance-Vision Spectacles	Male	12
		Female	21
Total			33
4	Medicines	Male	82
		Female	176
Total			258

Photographs of the Camp



LOCATION: Rajgurunagar, Pune

Eye check-up camp organized at post Donda Ta.Rajgurunagar Dist. Pune. Camps were held on 10th – 11th March 2017. 1060 number of beneficiaries were registered in these camps. We distributed 483 spectacles & 128 peoples took medicines from doctor's consultant. 5 people were identified with cataract and operated.

S.NO.	Particulars	Gender Representation	No. of Beneficiaries
1	OPD	Male- Adult	519
		Female -Adult	536
	Total		1055
2	Vision Spectacles	Male	233
		Female	250
	Total		483
3	Medicine	Male	56
		Female	70
	Total		126

Photographs of the Camp



LOCATION: Noida, Delhi-NCR

HelpAge India organized a Free Special eye Check-up Camp sponsored by Minda Vast. The camps were held on 06th and 11th of March 2017 in Village- Kuleshra Greater Noida. In total 623 beneficiaries were treated. Out of 623, total male beneficiaries registered were 285 and female beneficiaries were 338, most of the cases were of eye related problems. 623 eye check-ups; 418 spectacles distributed and medicines provided to 592 beneficiaries.

S.NO.	Particulars	Gender Representation	No. of Beneficiaries
1	OPD	Male- Adult	217
		Female -Adult	288
		Male-Children	68
		Female -Children	50
	Total		623
2	Near -Vision Spectacles	Male	123
		Female	170
	Total		293
3	Distance -Vision Spectacles	Male	42
		Female	83
	Total		125
4	Medicine	Male	271
		Female	321
	Total		592

Photographs of the Camps



LOCATION : Kanchipuram distt., Tamil Nadu

HelpAge India with the support from Spark Minda implemented Free Eye Screening Camp with an objective to provide spectacles to those with refractive errors in and around Vengadu Village – Sriperambudur Taluk – Kancheepuram District – Tamilnadu. This project was implemented through Sankara Eye Hospital – Pammal – Chennai, one of the reputed Eye Care Hospitals in the State. The Eye Screening Camps were organized in two slots – the first one on March 9, 2017 and the second camp was organized on March 16, 2017 (both Thursdays) at the Akashan Self Employment Training Centre – Vengadu. Break-up on the outreach is as below:

S no.	Particulars	Gender Representation	# of Beneficiaries
1	OPD	Male – Adults	104
		Female – Adults	181
Total			285
2	Near Vision Spectacles	Male	27
		Female	53
Total			80
3	Distance Vision Spectacles	Male	14
		Female	31
Total			45
4	Medicines	Male	55
		Female	117
Total			172

Photographs of the Camp



THANK YOU

HelpAge India is thankful to Spark Minda for supporting the camps and making a positive difference in many of the destitute elderlies. We express our sincere thanks all your team members at each location for making this special eye Checkup Camp successful. We have been able to expand our working areas and succeed on the project goals with the involvement and all round support of the entire team.

We express our deep gratitude to everyone involved in this program. We appreciate the precious time, valuable suggestions and hard work before and during the implementation of this special eye checkup Camp. We look forward for your continuous help, feedback, cooperation, assistance and solidarity for such camps in future also.

COORDINATORS

Team at Spark Minda :

- Ms. Pallavi Hatwal
- Ms. Vidya Bakaya
- Mr. Abhijeet Bhalerao
- Mr. Bala
- Mr. Rajeev & Mr. Gaurav
- Mr. Hirendra Srivastava

Teams at HelpAge India :

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- Ms. Rani Varghese
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- Mr. Chaitanya

Hospital Partners

- Nirmal Ashram
- Sankara Eye Hospital